

ROUTE STEP 

ROUTE STEP
WELLNESS
BREATHE. WALK ON.



TRI-COUNTY
TRI-COUNTY
WOMEN

VETERANS

Equine Therapy Program Update

Route Step Ranch

41025 Thomas Boat Landing Road, Umatilla, FL

Equine Therapy

- Mission: Provide world-class Equine Therapy programs, workshops, and retreats for Veterans, First Responders, and their Families living with Post Traumatic Stress, Traumatic Brain Injuries, and Service Related Injuries.
- Two Programs –
 - Reboot – 2 day program
 - Wellness & Maintenance – Refresher program for 2 ½ hours
- Location –
 - Route Step Ranch, 41025 Thomas Boat Landing Road, Umatilla, FL

Participation

- Who Can Sign Up For These Events?
 - **ANY** woman veteran can sign up for these classes
- How Do I Sign Up For These Events?
 - Go to the TCWV website
 - Select Events & scroll down until you see Equine Therapy
 - Select Register Now & follow the instructions

Reboot Program – 2 Fridays (9:30 to 3:30)

- May 7th & 8th:
 - Janet Boyles
 - Emmyly Martinez
 - Deborah Perina
- Summer – No Reboot Classes Scheduled

Reboot Schedule for Fall 2025

- Classes resume Sept/Oct – depending on weather & temperatures
- Tentative Schedule
 - September 19 & 26
 - October 17 & 24
 - November 14 & 21

Wellness & Maintenance – 1 Day/Month (9:30 to 12:00)

- Must have minimum of 4 veterans & all participants must have completed the Reboot Program
- Tentative Schedule -
 - April 4
 - May 2

If you would like to sign up for these programs today –

- See me at the table at the back of this room
- I have application forms Sign Up Sheets for Sept, Oct & Nov and a Step by step guide for online reservations

Equine Therapy Point of Contact

- Tri-County Women Veterans – Valerie Carpenter
 - Phone: 240-434-8112
 - Email: ruthsanzia@gmail.com